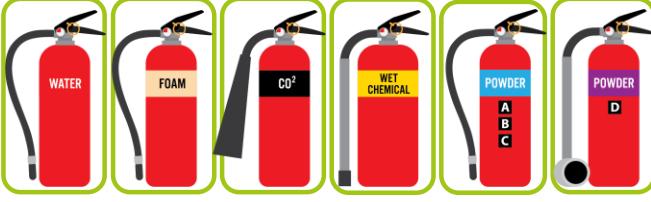


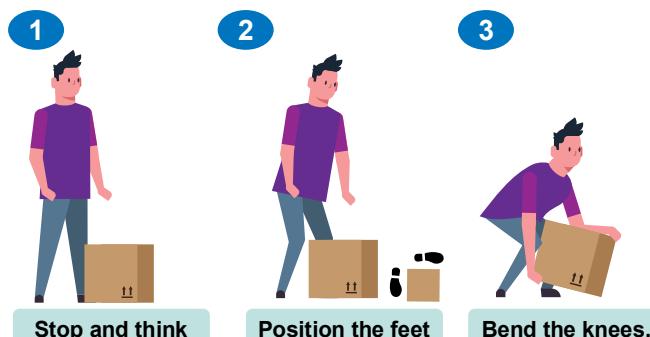
# The Essentials of Health & Safety PPT

Ed. 4 July 2025

Date of update:  
July 2025

The following updates have been made to the 4<sup>th</sup> edition of this training presentation.

Slide No	Update comments
	<p>General</p> <ul style="list-style-type: none"><li>• Design refresh</li></ul>
35	<p>The definition 'risk assessment' has been updated.</p> <p><b>Q</b> What is the definition of a hazard, risk and control measure?</p> <p><b>Risk Assessment</b> The identification of hazards, the calculation of risk and the reduction of that risk</p> <p><b>Hazard</b> Something with the potential to cause harm</p> <p><b>Risk</b> The likelihood of harm occurring</p> <p><b>Control Measure</b> A means of reducing the risk.</p> <p>35 </p>
51	<p>The fire extinguisher for Powder D has been added, and the associated activity has been updated accordingly. The tutor notes have also been revised to reflect this change.</p> <p><b>Q</b> Which type of fire extinguisher?</p> <p>6) Metals </p>  <p>51 </p>

82	<p>The positioning of the feet in Step 2 has been updated in accordance with the HSE manual handling guidance, <i>Manual handling at work: A brief guide – Good handling technique</i> (HSE). <a href="#">Manual handling at work: Good handling technique - HSE</a></p> <p><b>Safe lifting technique</b></p>  <p>1 Stop and think</p> <p>2 Position the feet</p> <p>3 Bend the knees.</p> <p>82</p> <p>◀ ⌂ ▶</p>
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112	<p>New slide added.</p> <p><b>Q</b> What are the controls for violence at work?</p> <ul style="list-style-type: none"> <li>• If you work alone ensure someone knows your whereabouts and your timetable</li> <li>• Ensure there is a means of communication</li> <li>• Report every incident</li> <li>• Keep to busy routes</li> <li>• Keep to well-lit routes at night</li> <li>• Keep car doors locked</li> </ul>  <p>112</p> <p>◀ ⌂ ▶</p>
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